



PRO MEDICAL FREEDOM

HEAVY METAL TOXIC POISONING (COVID-19) PROTOCOL

Ever since the “introduction” of COVID-19 in December of 2019, the world has been shackled by a web of complete lies and disinformation when it comes to the understanding of optimal health and the prevention of disease. Modern “industry” medicine or “pharmaceuticals” have been driven to the degree that it has pushed the idea of diet, nutrition and holistic supplements out of the equation. We have all heard the phrase, “garbage in, garbage out.” Simple, basic, powerful and true! The input determines the output. The body needs certain nutrients on a daily basis to maintain proper function of all faculties. When something is lacking in the body, the body always reveals a symptom due to the lack of that nutrient. Health is not a complicated issue. However, mainstream medicine has given the public the perception that it is this strange mystery that only trained professionals can ferret out.

Good health is simple and it starts with an open mind and a willing heart. It is the key to learn the basic principles to maintain optimal health. Everyone has the ability to take control of the maintenance of their health and there is no better time to start than the present!

Naturally-Based Medications

1. **Ivermectin (Dosage based on subject weight ranging between 0.4, 0.6 and 12mg caplets:**
2. Since the start of the SARS-CoV-2 pandemic, both observational and randomized studies have evaluated ivermectin as a treatment for, and as prophylaxis against, COVID-19 infection. A review by the Front Line COVID-19 Critical Care Alliance summarized findings from 27 studies on the effects of ivermectin for the prevention and treatment of COVID-19 infection, concluding that ivermectin “demonstrates a strong signal of therapeutic efficacy” against



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COVID-19. Ivermectin blocks the exosome receptors from being docked by the SARS-CoV2 spike proteins and also promulgates the erosion of alchemical metals in the body.

3. **Hydroxychloroquine (200mg) (1 caplet per day):**

Like Ivermectin, Hydroxychloroquine is a powerful inhibitor of the spike protein cells and alchemical metal deposits from docking with the immune system's exosomes. HCQ raises the pH of the autophagosomal compartment, inhibiting degradation of intracellular debris and autophagic flux. HCQ hinders fusion of lysosomes with autophagosomes, diminishing successful MHC class II-mediated autoantigen presentation by antigen-presenting cells. HCQ thwarts naïve T cell and B cell activation, subsequently decreasing production of autoreactive antibodies. HCQ limits Toll-like receptor signaling and cGAS-STING pathways, lessening production of proinflammatory cytokines. HCQ, hydroxychloroquine; TCR, T cell receptor; cGAS-STING, cyclic GMP-AMP stimulator of interferon genes; TLR, Toll-like receptor.

Holistic Supplements

1. **Vitamin C (10,000mg) (1 teaspoon of powder (2250mg), 3 times a day):**

Protects against immune system deficiencies, cardiovascular disease, eye disease and skin disease. When coupled with riboflavin, which promulgates faster absorption, the benefits of prevention of high levels of homocysteine are added.

2. **Quercetin w/ Bromelain (500mg) (1 capsule, twice a day):**

A strong bioflavonoid which reduces inflammation, kills cancer cells, controls blood sugar levels and helps prevent heart disease.

3. **Chlorella and Spirulina (3000mg) (2 tablets, 3 times a day):**

Both super micro-algae that detoxes and erodes the body of alchemical metal deposits which are the prime causes of what is known as COVID-19.



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4. **Oregano Oil (with 80 to 90% Carvacrol) (1,140mg) (7 drops in water, olive oil or coconut oil 3 times a day):**

One of the most potent natural antibiotics in the botanical world. It is also a powerful antioxidant, anti-inflammatory, pain-reliever, cures cancer and help reduce weight.

5. **N-Acetylcysteine (600mg per day) (1 capsule per day):**

N-acetylcysteine (NAC) has been used in clinical practice to treat critically ill septic patients, and more recently for COVID-19 patients. NAC has antioxidant, anti-inflammatory and immune-modulating characteristics that may prove beneficial in the treatment and prevention of SARS-Cov-2. This review offers a thorough analysis of NAC and discusses its potential use for treatment of COVID-19.

6. **Monolaurin (1000-3000mg per day) (2-3 capsules per day):**

Derived from organic coconut oil, the lactic acids, when metabolized into the body, converts into monolaurin, and it has the ability to eat through the cell walls of all known infectious microbes, including novel coronavirus and cancer.

7. **Colloidal Silver Water (30 PPM) (300mcg daily) (2 teaspoons, 5 times daily):**

Another potent anti-microbial, colloidal silver water can ease and cure chest congestion, treat and cure microbial infections such as toxic metal poisoning, HIV, shingles, herpes and eye problems.

8. **Vitamin D3 (250mcg (10,000 IU) (1 capsule daily):**

Fights all known diseases, reduces depression by helping the body produce optimal levels of L-Theanine and promulgates weight loss.

9. **Elderberry (2,000mg) (2 capsules daily or 1 teaspoon (125mg) every 2 hours until symptoms subside):**

Cures constipation, joint and muscle pain, bronchial infections, headaches, fevers, kidney problems, epilepsy, skin conditions, stress, anxiety and HIV.

10. **Zinc (100mg) (1 tablet (50mg) twice a day):**



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Promulgates high immune response, wound healing, reduce risk of age-related diseases, cure acne and reduces inflammation.

11. **Turmeric with Curcumin and Bioperine (1950mg) (1 capsuled, 3 times a day):**

Contains bioactive medicinal compounds, natural potent anti-inflammatory, increases antioxidant capacity of the body, boosts brain-derived neurotrophic factor, lowers risk of heart disease, prevents cancer. Curcumin prevents Alzheimer's disease, cures arthritis, cures depression and delays aging. "Bioperine" is derived from the black pepper fruit and promulgates quick and efficient absorption of the turmeric and curcumin into the body.

12. **Apple Cider Vinegar (1,500mg) (1 capsule, 3 times a day, or 2 tablespoons (30,000mg) per day using Bragg ACV Wellness Cleanse):**

Kills harmful microbes, lowers blood sugar levels, aids in weight loss, boosts skin health, promulgates natural probiotics and a high-level anti-oxidant.

13. **Echinacea & Goldenseal (450mg) (1 capsule per day):**

Promulgates strengthening of the immune system and the curing of respiratory infections and conditions.

14. **Pine Needle Tea (5 grams) (1 teabag in 8-10oz of hot water):**

Rich in Vitamin C (5 times more the amount than citrus fruits like lemons), High levels of Vitamin A which promulgates skin and hair regeneration and improves red blood cell production. It is also a STRONG expectorant to relieve chest congestion and sore throats. It also improves mental clarity and clearness, helps depression, obesity, allergies and high blood pressure, high antioxidant which reduces free radicals, extends life span and slows the aging process.

Recipe to make an amazing respiratory condition curing mixture for diffusion:

You will need to purchase the following organic essential oils:



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- Lavender
- Rosemary
- Eucalyptus
- Peppermint
- Pine Needle Oil

There are two ways to utilize this recipe:

1. Get a metal or ceramic bowl. Add 5 drops of each oil into the bowl to start. Pour in boiling water to about a 2-3 inches below the top. Stir the water a little to combine the oils. Drape a towel over your head and inhale the vapors. Breathe deeply, in and out. Add more oil drops to make the mixture stronger if you are able to stand the strength.
2. Purchase an essential oil diffuser and add cool water as directed by the instructions. Add the oils into the diffuser, cover the diffuser as directed by the instructions and turn the unit on. Now the essential oils will permeate the air and you can freely breathe these healing vapors in. Run the sequence of the diffuser at least 3 times a day